

March-April, 2010
Volume 2, Issue 2



“Ear Say”



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Important Dates:

- › March 7
- March 15
- ◐ March 23
- March 29
- › April 6
- April 14
- ◐ April 21
- April 28

International Women’s Day
Monday, March 8

Dave Maybee’s Birthday
Saturday, March 13

First Day of Spring
Saturday, March 20

Easter Sunday
April 4, 2010

Earth Day
April 22, 2010

Upcoming Seminars:

Seminar I, Toronto
April 22-25, 2010

Seminar I - Online
May 10–June 28, 2010

Qigong Training with
Master Li
May 14-16, 2010

Advanced Clinical
Retreat, Mahone Bay
June 18-20, 2010

Advanced Assessment
Using Frequencies
November 6-7, 2010

Register Now!

VPI News

Muriel Agnes, MAEd, PhD

Months ago, I was contacted by Dr. Majid Fadaie, a medical doctor in Iran. Also trained in body acupuncture, Dr. Fadaie had read Dr. Strittmatter’s books and had begun to use auricular acupuncture in his practice. Dr. Fadaie also teaches medical students in Iran. He wanted to figure out a way to come to Canada to take the VPI training. This trip is very expensive, and there is the issue of obtaining a visa, which takes months.

Well, he was the spark! Having a background as a distance education instructor, I had thought about developing some aspects of our training in an online format since beginning VPI.

With Paul’s expert assistance, and

his keeping me focused on the task, we were able to set up our new online tools of **Moodle** (learning platform site) and **Elluminate** (for live classes). You can access these on our website now. It has been exciting work and I am very pleased with the result! We are already in our pilot course, with Dr. Fadaie in Iran and Deborah Gray in British Columbia helping us work through the bumps. We have a weekly live meeting where we show photos, use video for demonstration, present PowerPoints and discuss assignments.

We begin another class of Seminar I in May, again with students from around the world, who can then come to Toronto in September for the onsite Seminar II.

VPI has moved into the age of distance learning!!



Point of the Month!

Histamine (Gold on Nondominant Side as a Functional Point)

Pathophysiology: This point, at the highest point of the helix, can be found and treated from either the outer side, or underneath, the helix. Folding the full ear forward along its midline will lead you to the location. Histamine is a **medical analogue point**, like the Barbiturate point, meaning it has been found with the VAS to resonate with the chemical substance “histamine” (i.e. similar electromagnetic signature). An organic compound, histamine is found widely in animals and plants. In humans it gets released as part of the body’s immune response to allergies. It stimulates gastric secretion, dilation of capillaries, constriction of bronchial smooth muscle, and decreases blood pressure.

Expected Effect: Stimulating this point has an **anti-histamine effect**.

By treating Gold on the nondominant side, we are stimulating the parasympathetic response to sedate the histamine reaction. This point will show up as Silver on the dominant side, expressing the excess reaction. The effect on allergic symptoms can be immediate and surprisingly effective. It has been reported to bring a life-threatening reaction to a bee sting to a halt.

Common Conditions: Allergic reactions of all kinds. Combine with points for the anatomical location of the allergic symptoms.

Other Purpose of this Point: Histamine is also used as an indicator point for finding focal disturbances, and indicates a severe focus. It was the first focus indicator point, and was discovered by Paul Nogier.

Vital Principle Institute

www.vitalprinciple.ca

FREE SHIPPING!

We are now offering **free shipping** on all orders over \$300. We're placing our big spring order very soon; please get your orders in by **March 20th**!

The pilot of our new **Seminar I - Online** has begun!

Our first live, interactive class spanned **12 time zones, and 13412 km!**

A warm thank you to participating students: Deborah Gray, BC; Monique Cormier, NB; and Majid Fadaie, Iran.

Next course begins: **May 10, 2010**

Register Today!

Tell Us What you Think of "Ear Say"

Email us at: info@vitalprinciple.ca



Learning From the "Father of Auricular"

Gilles Poulin, Ac.

Thirty years ago several disciplines began to appear in Quebec. Homeopathy, osteopathy, and auricular medicine introduced serious and spectacular new forms of therapy, running alongside acupuncture, which had not yet established its credentials, although it was advancing fast.

That's when I signed up for training in auricular medicine with Dr. Paul Nogier, eventually continuing with his associate, Dr. Claude Piro.

It was a revelation to me to learn that man is in the ear, and that we can ask the ear questions by passing a filter close to the ear, and placing it on the thorax. By placing the thumb on the radial styloid of the wrist, we can detect a pulse called the VAS. The VAS detects a signal, a change, of the autonomic nervous centres of control of the hypothalamus. This means that a blockage in an organ can be detected by feeling the pulse.

Then what to do? Is there a way to calm the signal? Nogier not only developed a map of the ear, he also created a complete set of analytical processes to act effectively on a point

or region of the ear.

The early equipment of Dr. Nogier included the "Girs", the Punctoscope Gt, the Tourelle Lamp, the Heine Light, colour, magnetic, polarized and tissue filters, as well as glass and pressure probes which could precisely detect and activate a point or region of the ear. It was the first time that I noticed that energy could be quantified and measured in a precise way. Never was the study of energy so precise in detecting subtle unconscious responses revealed by the body.

Other discoveries entered into the fold of this fascinating method using filters and frequencies. Other countries, for example Germany, have continued to develop the vision and the methods. Auricular medicine is still intriguing and largely unknown, and we must continue to promote it and to have it recognized as a valuable medicine for diagnosis and treatment of deep layers of blockages to health.

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Powerful 3-minute exercise lifts "Brain Fog"

Chris Upwood brought our attention to this new 3-minute exercise, which is reported to help with "brain fog" as well as help children with learning disabilities and autism with memory and focus. What's most interesting is **how** it's said to be effective. Learn how to do this simple, and strange exercise and "lift the fog." http://www.naturalnews.com/028207_brain_health_exercise.html

Tell us your news!

What changes are happening in your personal or professional lives?

Next Issue: May 10, 2010

Deadline for Submissions: April 20

Email your story to: info@vitalprinciple.ca

